FLATFUL FIST

A Random Name Generator for Martial Arts Moves

by Patrick T. Younts with Matthew Sernett . Illustrated by D. Alexander Gregory

DM: Okay Sarah. The Temple of Four Winds is burning. Beyond the shattered gates, Ember's master is sprawled on the floor. To get to him she'll have to cross the bridge, which is wreathed in flames and looks very unstable.

Sarah: Ember rushes across the bridge without hesitation. "Master, I'm coming to save you!"

DM: The heat is almost unbearable and smoke obscures your vision as you reach the middle of the bridge. Suddenly a figure leaps from the heart of the flames, staggering you with a hidden phoenix kick!

Sarah: Ember drops into a fighting stance. "Who attacked me?"

DM: "It's Tyron." He smiles, points a finger at you, then draws it slowly across his neck. His hands are splattered with blood.

Sarah: "Traitor!" Ember springs at Tyron, throwing two punches and a . headbutt? "Tyron, I will avenge my master and restore honor to the Temple of Four Winds!"

DM: "Honor means nothing. Only victory matters." Tyron strikes you three times with hidden butterfly circles the sun for 19 damage. "My northern devil boxing is unstoppable."

Sarah: Um . . . Ember uses flurry of blows. "I . . . I can still beat you."

Enter the Article

Bizarre costumes, ancient temples, handsome heroes and pretty girls, lost tomes holding the secret to incredible martial arts power, unbeatable warriors soaring fifty feet through the air spouting outrageous names for outlandish fighting techniques; gamers are suckers for that stuff.

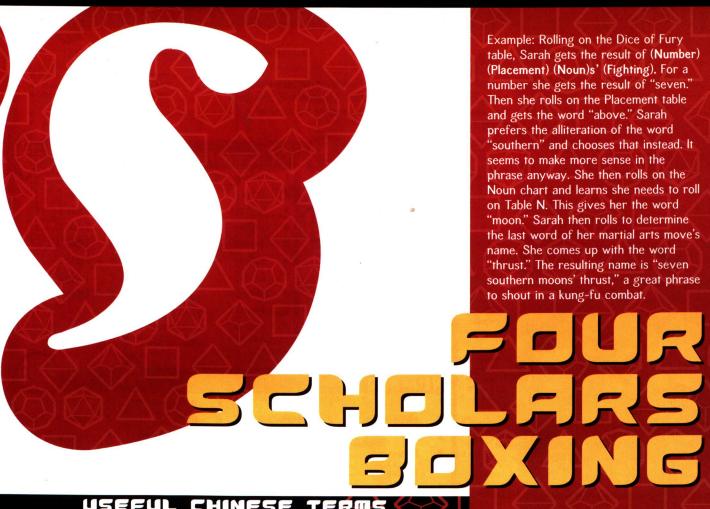
The kung-fu movies of the 1970s hold a special place in the hearts of many roleplayers. With the inclusion of the monk in the new edition, many gamers strive to bring the sensibilities of real- and reel-life kung fu to their adventures. One of the best ways to do this is by using the same kind of outrageous names for your character's martial arts style and techniques that are used in the movies. But when the dice and the fists start flying, inventing even one cool technique name on the fly is tough, let alone four or five at a time. For DMs running multiple NPC monks, it's almost impossible. So what can you do?

Names of Legend

Historically, there have been hundreds of documented kung-fu styles, plus unknown thousands of private family styles and fictional systems existing only in film. Styles were created around an animal (white crane

boxing), an element (water boxing), or a location (shaolin chuan translates as young forest fist). PCs and NPCs should promote their styles whenever possible. A style's strong reputation is of critical importance. A master of a well-regarded system commands respect in the community and high training fees from students. The downside of this fame is that fighters looking to build a reputation frequently come to challenge the master. Rivalries between masters of kung-fu are the most common stories in Hong Kong cinema, and they can be used to great effect in your campaign.

To generate your own martial arts style or technique names, use the tables provided in this article. There are several ways to use these tables in your campaigns. The simplest method is to randomly determine technique names each round, ideally rolled before your turn to speed play. The second is to roll before the session begins, generating several techniques and choosing among them during play. Finally, players can roll twenty techniques when creating characters, adding ten more each time they gain a level, representing the character's growing mastery of martial arts.



TERMS

Mook Jong (Wooden Man): This is a thick, wooden pole of roughly man-height, with three or more "arms" jutting out at various angles. A training tool common to many Chinese styles, practitioners use full power techniques against the wooden man, building coordination and toughness.

External and Internal Styles: Also known as hard or soft styles, most martial arts are lumped into one of these broad categories. External styles concentrate on the development of muscular power while internal styles develop the body's internal energies for use in combat. Most martial arts are a mix of external and internal styles.

Qi Gong: These are a category of exercises that use the qi (also known as chi and ki) to promote health and develop the body. Hard qi gong, which are often brutally difficult physical exercises combined with specific breathing patterns, are a common element of Chinese martial arts. Iron palm training, in which a practitioner repeatedly strikes sand, stone, or metal daily with his hands, is an example of hard qi gong.

Push Hands: This is a two-person training exercise that develops balance and awareness in combat. Participants press their palms against each other's arms and attempt

to pull or push their partner off balance, using body positioning and timing rather than brute force. Another similar technique is known as "sticky hands training."

Fa Jing (Emitting Energy): Fa jing uses internal power combined with perfect body alignment to deliver incredibly powerful blows with only minor physical effort. Internal styles, like tai chi chuan, rely heavily on fa jing.

Lei Tei (Platform Fighting): When masters fought, they often used a lei tei platform, a small stage raised several feet off the ground. Fighters would attempt to drive each other off the platform by any means necessary. The first one off the platform was the loser, in more ways than one, as the hard ground and punishing blows claimed many lives.

Centerline: Running from between the eyes in a straight line down to the groin, the centerline is an area of vital importance to the martial artist. Many of the body's most vulnerable points are connected by the centerline, including the adams apple, clavicle, sternum, dan tien, and groin.

Dan Tien: The dan tien is the center of breath, the gathering point of qi energy in the body. It is located midway between the belly button and the groin.

Sarah: Ember drops into a turtle over the mountain crouch. "Who attacked me?

DM: "It's Tyron." He smiles, points a finger at you, then draws it slowly across his neck. His hands are splattered with blood.

Sarah: "Traitor!" Ember springs at Tyron, using her fists fall like trees attack. "Tyron, I will avenge my master and restore honor to the Temple of Four Winds!"

DM: "Honor means nothing. Only victory matters." Tyron strikes you three times with hidden butterfly circles the sun for 19 damage. "My northern devil boxing is unstoppable."

Sarah: Ember takes the jade emperor among the peasants stance and says, "Your confidence is your weakness."



Roll 1d2 to determine the column used, then roll 1d20 to determine the format of the technique's name. Once you have the format of the name, roll on the charts indicated. Alternatively, you can pick words from the appropriate charts that alliterate. You might need to change the form of a word slightly to have it make sense in the context of the format.

- (Adjective) (Fighting)
- (Adjective) (Noun)'s (Adjective) (Fighting)
- (Adjective) (Noun) (Fighting)
- (Adjective) (Noun)'s (Number)
 - (Noun)s (Fighting)
- (Adjective) (Noun) (Placement) 5
 - (Adjective) (Noun)s
- (Adjective) (Noun) of (Verb)ing (Noun)
- (Adjective) (Noun) of the (Verb)ing 7 (Noun) (Fighting)
- (Adjective) (Noun) (Verb)s with 8 (Adjective) (Noun)
- (Fighting) of (Adjective) (Noun) 9
- (Fighting) of the (Verb)ing (Noun) 10
- (Noun) (Fighting) (Placement) the (Noun) 11
- (Noun) of the (Verb)ing (Noun) 12
- (Noun) (Placement) (Verb)ing (Noun) 13
- (Noun) (Fighting) 14
- (Noun) (Placement) (Adjective) (Noun) 15
- (Noun) (Placement) the (Noun) 16
- (Noun) (Verb)s with (Noun) 17
- The (Noun) (Verb)s when (Number) (Noun)s (Verb)
- (Number) (Adjective) (Noun)s' (Fighting) 19
- (Number) (Placement) (Noun)s' (Fighting)
- (Number) (Noun)s (Fighting)
- (Number) (Noun)s' (Fighting)s
- (Number) (Verb) (Noun)s (Fighting)
- (Number) (Verb)ing (Noun)s (Verb) 4 (Placement) (Adjective) (Noun)
- (Placement) (Noun) (Fighting)
- (Placement) (Noun)s, (Noun)s (Verb)
- (Placement) (Noun)s (Verb) (Number) (Noun)s 7
- (Placement) the (Noun), the (Noun) (Verb)s 8
- 0 (Placement) the (Placement) (Noun)s,
- (Noun) (Verb)s
- (Verb)ing (Adjective) (Noun) (Fighting) 10
- (Verb)ing (Adjective) (Noun)'s (Fighting) 11
- (Verb)ing like (Noun)s 12
- (Verb)ing (Noun), (Adjective) (Noun) 13
- (Verb)ing (Noun) (Fighting) 14
- (Verb)ing (Noun)'s (Adjective) (Fighting) 15
- (Verb)ing (Noun) (Placement) 16 (Adjective) (Noun)
- (Verb)ing (Noun) (Verb)s (Placement) (Noun) 17
- (Verb)ing (Noun) with a (Adjective) (Noun) 18
- (Verb)ing (Placement) (Noun) 19
- (Verb)s like (Adjective) (Noun)

FIGHTING

- Table A
- Table D

ADJECTIVE

- Table E
- 2 Table G
- 3 Table H
- Table I
- 5 Table J
- Table M

PLACEMENT

- above 12 near among 13 north of/ northern around
 - 14 before 15 outside
- behind 16 over below
- 17 south of/ beside southern between
- 18 under beyond west of
- east of/ western eastern within 20 far

1

NOUN

- 1 Table B
- Table C 2 3 Table F
- Table G
- Table J
- Table K
- Table L
- Table N

NUMBER

- two 1 2 2 three 3 3 four five
 - 5 six
- 6 seven 7 eight 8 nine
- 9 ten 10 eleven
- twelve 12 thirteen

18

19

20

crash

crouch

crunch

fourteen fifteen sixteen seventeen

10

- eighteen 6 nineteen twenty
- twenty-one twenty-two
- 10 twenty-three 11 twenty-four

twenty-five

2 thirty 3 thirty-seven thirty-eight forty

twenty-seven

- forty-four forty-nine
- fifty fifty-one 10 fifty-seven
- 11 sixty 12 sixty-four

- 1 sixty-six
- 2 seventy-four 3 eighty-seven ninety-nine
 - one hundred
- two hundred 7 one thousand
- two thousand ten thousand
- 10 one million 11 two million
- 12 ten million

(Modify result as necessary.)

goad

grasp

hack

39

40

								VV	
1	battle	21	cry	41	hang	61	reign	81	stalk
2	beg	22	cross	42	hide	62	roll	82	stall
3	bend	23	curse	43	hold	63	remove	83	stand
4	bite	24	cut	44	howl	64	run	84	steal
5	bless	25	dance	45	intercept	65	scatter	85	stop
6	bloom	26	devour	46	jump	66	scream	86	strike
7	block	27	dive	47	kick	67	sculpt	87	stumble
8	bow	28	dodge	48	lash	68	seize	88	swim
9	burst	29	drain	49	leap	69	sell	89	swoop
10	break	30	drop	50	kill	70	shield	90	taunt
12	breathe	31	drink	51	meditate	71	shout	91	tear
12	catch	32	duck	52	murder	72	slay	92	throw
13	climb	33	fall	53	mine	73	sleep	93	torment
14	chase	34	fight	54	paint	74	slice	94	trick
15	circle	35	fly	55	pinch	75	smash	95	turn
16	coil	36	freeze	56	pounce	76	soar	96	twist
17	count	37	go	57	press	77	splash	97	win

protect

punch

race

50

60

surmount

surpass

stab

79

80

wrap

write

100 writhe

99

- armor block crouch
- 4 5 defense denial dodge
- 678 form flip 9 guar 10 leap
- posture
- 13 protection
- 14 roll 15 shield
- 16 stance 17 style
- 18 technique 19 transformation 20 vest



WEAPONS

- 1 2 arrow axe club 4 dagger
- 5 dar 67
- aun 8 knife lance
- 12 mac 13 net
- 14 nunchaku 15 shuriken
- 16 spear 17 staff
- 18 sword 19 trident
- 20 whip



MONS

- angel demon 3 devil dragon foo dog
- 67 foo li ghost
- 9 goblin 10 hag 11 hydra
- 12 kappa 13 kraken
- 14 naga 15 phoenix
- 16 spirit
- 17 tengu 18 unicorn
- 19 vampire 20 yeti

(20) ATTACKS

- assault attack boxing
- 3 4 5 chop 6789 knee
- 10 lunge
- 12 punch 13 rake
- 14 slam 1.5 strike
- 16 swat 17 sweep
- 18 throw 19 thrust 20trip

- bamboo blood 3 bone clay
- clot 67 du flesh glass
- grass 10 ivory 12 leather 13 marble
- 14 mud 15 muscle 16 paper 17 silk
- 18 stone 19 wicker 20 wood

- elhow fing 4 foo hand
- 5 67 8 9 kne 10 leg palm 11
- 12 toe



- amber bronze
- copper 4 5 emera 67 old on R
- rub 10 sapphire
- 11 silver 12 steel

COLORS

- black blue brow **4 5** gray gree
- 67 pur red white 10 yellov

6 ENTS

air earth 234 fire metal

ANIMALS

- dog baboon donkey badger dove bear 67 dragonfly beetle duck
- 67 bee eagle boar elepha 10 fly 10 bull 11 butterfly 11 frog 12 camel 12 gibbo 13 chameleon 13 goose 14 carp 14 gorilla hare
- 15 cat 16 centipede 16 hawk 17 chicken 17 horse 18 cockroach 18 iguana 19 cobra 19 leopard 20 crab 20lion

father friend

hero

hunter

man

10 master

27 fortunate

28 furious

29 gentle

30 ghostly

32 graceful 33 handsome

34 heavenly

37 honorable

38 humble

39 hungry 40 immortal

41 imperial

43 infernal

44 insolent

45 inspired

mountable

47 invulnerable

51 judgmental

47 meteor

49 mountain

50 mushroom

48 moon

46 insur-

48 iealous

49 joyous

50 just

42 impossible

35 hidden

36 holy

31 giant

immortal

mandarii

general

guardian

3

MISC. ADJECTIVES

PEOPLE

ancestor assassi

ally

67 brother

4 beautiful

5 blind

67 bloody

8 celestial

child

beggar

emperor

empress

10 eunuch

ancient

angry

brave

closed

10 crippled

crazy

13 cunning

14 deadly

15 defiant

16 delicate

17 doomed

18 drunken

19 echoing

21 enviable

22 fearful

24 foolish

25 forceful

26 forgotten

23 fierce

20 enlightened

12 cruel

anxious

- lizard lobs 234 mantis monkey mouse 67 mule octopus otter
- 10 pig 11 fox goat 15 panda 16 panther
 - 13 orangutan 17 peacock 18 raccoon 19 ram 20rat
- 3 seal scorpion shark 67 sparrow spider snake squid 10 starfish 11 swallow tiger 13 toad 14 turtle 15 viper 16 wasp 17 whale 18 weasel 19 wolf

ATHEN A

20 yak

- monk 3 ninja overlord priest peasant
- philosopher saint samurai 10 scholar

52 killer

53 lame

54 lazy

55 lost

56 lucky

57 mad

58 magic

59 majestic

60 merciful

61 mighty

64 open

66 pitiful 67 playful

68 pliant

70 proud

71 ready

72 resilient

74 righteous

75 ruthless

77 sleepy

73 respectable

76 shadowless

69 powerful

23 sister sohai soldier sorcerer student warrior woman 10 wu jen



- 78 sneaky 79 solar 80 sorcerous 81 subtle 82 sudden
- 83 sundered 84swift 85 terrible 86 treasured 87 tortured
- 88 twin 89 tiny 90 ugly 65 otherworldly 91 unstoppable
 - 92 unusual 93 vicious 94 villainous
 - 95 weary 96 wild 97 wise
 - 98 wondrous 99 wounded 100 young

MISC. NOUNS

ash 23 bag bell blossom book 67 bowl bridge branch cane 10 castle II cavern 12 chain 13 city 14 claw 15 cloud

22 farm

24 flag

25 flower

- 28 fruit 29 fury 30 gate 31 gourd 32 god 33 grain 34 heave 35 hell 36 hill 37 hurri **38** ice 39 ink 40 jungle 41 lake 16 comet 17 curse 42 leaf 18 desert 43 legend 19 door 44 lightning 45 log 20drum 21 fan 46 lotus
- 26 forest 51 needle 27 fortress 52 ocean 53 palace 54 path 55 pearl 56 pebble 57 pen 58 pillar 50 plain 60 pond 62 rain 63 rice
 - 61 puddle 64river 65 road 66 rock 67 roof 68sand 69scroll 70 sea 71 shrine 72 sky 73 snow 74 soul 75 spark
- 78 storm 79 story 80stream **81** sun 82 swamp 83 temple 84thread 86 tomb 88 tower 89 trail 90 tree 91 twig 92 village 93 vow 94war

97 wave

98 willow

99 wind

100 windo



87 tornado 95 wall 96 waterfall

